POST T LVVE LOVE NOTE GUIDE!

Turn this into → THIS →











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Choose Your Template

STEP 1

Select a brightly colored index card. Cut it lengthwise down the middle to create two post it note cards.



STEP 2

Be Positive: Choose uplifting words or phrases. For instance: "You're awesome," "You shine bright," "Believe in yourself."

Short & Sweet: Keep it concise.
A sentence or two is perfect!



Add Some Art or Emojis

STEP 3

Doodles: Simple drawings or doodles can add charm. Hearts, stars, or smiley faces work well! Emojis: If you're using digital

notes, consider adding emojis to emphasize your message's tone.



Kindness STEP 4

Include your first name and use kind words. For instance "Have a wonderful day!", "You are awesome keep being amazina!"

DON'T FORGET TO MAIL IN YOUR NOTES!

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TEXT PITL TO 53-555 to support



REMINDERS

Avoid negativity or anything that could be misinterpreted.
Refrain from personal information or anything that might make the recipient uncomfortable.